A Life Saved; A Family Kept Whole

“I was told by one of the physicians that there are two options when something like this happens. You could faint, like I did, because blood isn’t getting to your brain. The other is that you could die.”

Continued on page 2
I woke up in the ambulance, surprised at where I was. 

Stan Orr

A Life Saved; A Family Kept Whole

Stan and Priscilla Orr are regulars at Café Appassionato in Magnolia. “It’s our second home,” Priscilla says. This is quality time, sipping their favorite coffee and chatting. After more than 50 years together, three children and seven grandchildren, they’ve shared a lot. One thing Stan neglected to share with Priscilla, though, was the chest pain he sometimes felt. He thought it was acid reflux. It wasn’t.

Many years ago, Stan’s doctor told him he had a Cadillac heart and a Chevrolet body. “That stuck with me,” says Stan, “and I thought nothing would go wrong with my heart.” And, nothing ever did go wrong until last fall when Stan’s aortic valve failed.

On October 4, Stan and Priscilla drove to choir practice at Plymouth Congregational Church. Besides his chest pain, Stan had been having trouble with shortness of breath for a couple of months, and it was hard just getting to the car. As Stan walked across the church lounge, headed for the sanctuary, he collapsed. Fortunately, he wasn’t alone. “There were several other people walking toward the sanctuary; one of them, I’m told, ran to get the choir director, Wanda Griffiths, who called 911. Bertha Hanson, another member of Plymouth, and a retired nurse who was practicing with the Bell Choir, accompanied Stan until the ambulance arrived. I woke up in the ambulance, surprised at where I was,” Stan says. He remembers talking to the paramedics and being taken into the ER. A few days later, surgeons replaced his aortic valve with an artificial implant.

“I was told by one of the physicians that there are two options when something like this happens. You could faint, like I did, because blood isn’t getting to your brain. The other is that you could die. I’m grateful it was the former for me, and grateful to the paramedics for getting me to the hospital so quickly.”

Stan and Priscilla have been Medic One Foundation donors for over 18 years, supporting, as Stan says, “the most premier rescue operation in the entire United States.” In October, the Orrs experienced that expertise in person. Thanks to Medic One, Stan and Priscilla are still singing in the choir, sharing the coffee they love, and enjoying each other. “They really are the cream of the crop,” Priscilla says of the paramedics.
On July 27th, Class 45 paramedic students graduated and are now in the field saving lives in Seattle, Shoreline, Redmond, South King County, Everett, Marysville, Lake Stevens, Lynnwood, Orcas Island, Lopez Island, and Bainbridge Island. Our region has a world-class Medic One system because we have world-class supporters like you!
Photograph taken by the Rescue Drone during flight training at Valley Camp in North Bend.

Deputy Chief Rich Burke (left), Barbara Hamer (middle), and Jon Bromberg, Eastside Fire Corps Program Manager (right), attended a drone training exercise at the North Bend Fire Training Academy.

Eastside Fire & Rescue Receives New Rescue Drone

Last fall, the Medic One Foundation presented a tactical drone to Eastside Fire & Rescue to assist first responders in the growing number of backcountry and waterway medical emergencies. Funding for the drone was made possible by Foundation donor Barbara Hamer and her family.

“We are very grateful to Barbara, her family, and the Medic One Foundation for this generous donation,” said Eastside Fire & Rescue Deputy Chief Rich Burke. “The drone will allow us to better respond to more difficult search and rescue operations which is something we need to better serve our eastside communities.” Chief Burke added that it would have been extremely helpful in a disaster like the Oso landslides, in which he was involved.

Donor Barbara Hamer said, “My late husband, Dale, would appreciate this so much. He was served many times by our Medic One system and purchasing a drone to support this program is very meaningful to me and to my entire family.”

The DJI Matrice 210 RTK-G aircraft can fly for 24 minutes and operate as far away as 4 miles, reaching a speed of 51 mph. Equipped with a high-quality FLIR thermal camera, it will be dispatched for trail and swift/still water rescues, as well as structure and wildland fires where it will provide incident assessment and monitoring support.
Your Donation Provides Life-Saving Equipment

Your gift to the Medic One Foundation Equipment Fund provides fire departments with the tools they need to respond to life-threatening medical emergencies. The Medic One Foundation recently awarded equipment grants to the following agencies:

- Arlington Fire Department
- Bainbridge Island Fire Department
- Bremerton Fire Department
- East Jefferson Fire Rescue
- Enumclaw Fire Department
- King County Fire District 47–Ravensdale
- Marysville Fire Department
- North Kitsap Fire and Rescue
- Poulsbo Fire Department
- San Juan County Fire District 4–Lopez Island
- San Juan Island EMS
- Snohomish County Fire District 15–Tulalip
- Snohomish County Fire District 22–Getchell
- Snohomish County Fire District 24–Darrington
- Snohomish County Fire District 25–Oso

Join Us for a Free Hands-Only CPR/AED Class

Each year, over 350,000 out-of-hospital sudden cardiac arrests occur in the United States. Most happen at home. Please join us to learn how you can save a life—the life you save could be someone you know.

**Saturday, September 21, 2019 | 10:00-11:00 AM**

**Mercer Island Community & Event Center**
8236 SE 24th Street
Mercer Island, WA 98040

To reserve your spot, please RSVP by Monday, September 16th to Shelby Sprake at (425) 625-2031 or shelby@mediconefoundation.org.
Cathy Funk’s love story began in 1967. Fresh out of college, she joined her sister and friends for a weekend at the Jersey shore. On her first night in the little cottage, sitting on a cot and wearing baby-doll pajamas and hair curlers, she glanced up as a young man walked in. She looked Curt Funk up and down, and “it was just like immediately falling in love.”

The attraction was mutual. Cathy and Curt spent the weekend talking, dancing, going for walks; he took a photo of her as the sun came up over the ocean. Their friends loved it. Cathy and Curt were married on June 28, 1969.

Three years later, Cathy and Curt packed up everything they owned and drove to Seattle. It was magical; Cathy called it “the summer of Camelot.” It rained only in the evenings, with many double rainbows. They went bike riding and camping. Cathy, MSW degree in hand, found a job with the State of Washington; Curt taught photography classes and sold photos; they got a dog; they made friends. They had found their home.

On February 7, 2014, guests had been invited for dinner. Cathy was at the grocery store when Curt called. “He said he felt strangely dizzy, and could I come home soon.” Curt had already called 911. He’d had some blood pressure incidents before, “so I didn’t think it sounded like life and death. I said I was ready to check out and would be right home.”

When Cathy got home, her neighbor was waiting on the porch. Medic One had already taken Curt to the hospital. Cathy didn’t know, yet, that the paramedics had recognized Curt’s condition as an aortic dissection.

At the hospital, a doctor talked with Cathy privately. “He told me, ‘Before I let you see your husband, I need you to know that he suffered a non-survivable event.’” Curt was unconscious, but Cathy talked to him. She told him how much she loved him, and she could feel him squeeze her hand. She told him what the doctor had said and went with him as he was moved to an ICU room. She began calling friends and family.

Those precious final days with Curt inspired Cathy to include the Medic One Foundation in her estate planning, so that others could continue to benefit from Medic One services.

“I believe in Medic One. Their actions allowed me to have my husband for a few more days.”

June would have been Cathy and Curt’s 50th wedding anniversary. She remembers his dry wit, quick mind, and strong loyalty to those he loved. She can still feel his presence, and still talks about him with friends. Her love story still lives.
Order Your Free Estate Planning Guide

Many of our supporters have found this guide useful in helping them think through their estate planning goals. Once your guide is completed, we encourage you to visit with your advisor to finalize your plan.

To order your free copy, please contact Sara Oshikawa-Clay, at sara@mediconefoundation.org or (425) 625-2032

Tribute Gifts

Tribute gifts offer a meaningful way to remember a loved one or to honor a friend, family member, coworker, or client on special occasions.

The following individuals and organizations were honored through a gift to the Medic One Foundation between July 1, 2018 and December 31, 2018.

Terry Bullock
June A. Burk
Walter “Duffy” Burns
Peggy Bussman
Carolyn Butts
Lisa Byerly
Polly Carter
Judy Cenotto
Lt. Gov. and Mrs. John A. Cherberg
Tony Chinn
Peter M. Chuedecke
Rodger Clement
Judy S. Clifton
Dr. James J. Coatsworth
Leonard A. Cobb, M.D.
James L. Coe
Donald Cohn
Sandi Cohn
Larry E. Colvin
Bert J. Combs
Donald R. Connolly
Rosella and Constable Family
Frank A. Cook
Dr. Michael K. Copass
Robert Corner
Kathleen Cotton
Betty L. Cottrell
Anita Creveling
Cesily Crower
Jocile Cuevas
Jeffrey J. Curtis
Donald Dahlgren
John N. Davis
Lela B. Decker
Paul Garrett Denini
Charles R. Dennison
Aileen M. DeVos
Roscoe E. Dimock
Adam Donway
Jean Marion Duffy
Maia Earle
Rose K. Eguchi
Mickey S. Eisenberg, MD
David and Diane Ellison
Glenn Henry Embree
Harry C. Eng
Patricia Engle
Richard L. Englund
Ray and Helen Erickson
Dennis G. Evans
Virgil Fassio
William M. Fink
Margaret R. Fleenor
Roger J. Ford
Marlo M. Foster
Edward A. Frangello
Eva Frangello
Curt Funk
Arthur A. Gannon
Gordon Gardner
Russ Garlough
John M. Gates
Natalie Gendler
Ron Gibson
Michael R. Gonglewski
Ralph Gilbert Gray
Donald Greaby
Barbara Green
Jerry Greenan
Connie Griffin
Donald E. Griswold
Branko Grunbaum
Corazon T. Guanlao
Marjorie G. Hadden
Ted Hagerty
Masaru Hamamoto
Dale Hansen
Mack Harada
Jim Herrington
Richard S. Hartwell
Rebecca Hassinger
Gerald A. Haughian
Anona M. Heimbigner
Donald Henley
Conrad and Inger Hermsted
Sandra Lee Hertz
Darrell D. Hickman Sr.
Andy Higgins
Sandra Higgins
Paul and Helen Hinton
Nobie Hirayama
Paul Ho

“I believe in Medic One. Their actions allowed me to have my husband for a few more days.”

Cathy Funk
Tribute Gifts Continued

David A. Hodge
Hannah M. Holland
Jane Holleman
Jody Honnen
Richard Hosmer
Bruce Hubbard
Myrla Hubbard
Dave Jacobs
Margaret “Peggy” Jacobs
Robert Jarmuth
E. Patricia Jaspe
Ellen Jell
Donna and Hanako Jensen
Gerd Jerochim
Bob Johanson
Florence Johanson
George A. Johanson
Ret. Deputy Chief Jerry Jones
Robert “Bob” G. Kenly
Catherine J. Kennedy
Michael Kent
Joan Kirkman
Carl George Kitz
Ted Klabo
Thelma Klabo
John A. Klasell
Annette M. Kohlmeier
John Kollen
Ted Koopmans
Virginia Kortness
Maria Kreiling
Laurel E. Kruger
Tetsuya ‘Ted’ Kunihiro
Emiko Kunimoto
Isamu Kunimoto
Russell Kunimoto
Morton Kuznetz
Greg “Spike” Lalish
Wayne W. Langbehn
Rhachelle Langhams
Diana L. LaPine
Allan Lawson
MaryLee LeCocq
Peter J. Leinfelder
Katherine R. Lewis
James J. Lillis
Mike Linden
Col. Jon M. Lindauener
Charles L. Lindley
Ella M. Link
Greg Linscott
Carol Locke
Paul Locke
Art Y. Loh
Marlene Lomax
Jimmie L. Lowen
Rolf Lunde
Capt. Norman ‘Norm’ C. Lyle
John MacDonald, Jr.

Sally Maider
Michael and Patricia Mann
Mrs. Betty Maples
Phyllis Martin-Rudolph
Gordon L. Mathis
Mr. John A. McGary
Karen “Kay” McGary
Marion J. McLees
Opal D. McLees
Dorothy McMichael
Clarence Melsted
Nan Merlich
Eugene P. Merz
Dr. Albert P. Michelbach
Leonard Brian Miglorie
June Milette
Susan Minster
Tak Miyabe
Mickie Mochkatal
Taliesin T.T. Moore
J. Stanley Morehouse, Jr.
Dennis Morstad
Arbu Muhl
Kimiko Mukai
Steven M. Muscatel
Warren Myers
Ted Nark
Bruce Nelson
Leonard Nelson
Jan Neupert
Ed Newman
Mark Newman
Mary Lee Newman
Aimee Nichols
Richard C. Nichols
Kenneth E. Nielsen
Albert Nijenhuis
Mildred I. Nikula
Sue Ann Nixon
John Noldan
Wendell Norwood
Geri L. O’Bannon
Boris Olich
Myla Opsvig
Alisa Osborne
Bill’s Special Birthday
Sandy Overbay
Tom Paine
Jim Palmer
Marshall T. Palmer
Dorothy E. Parsons
Lloyd V. Parsons
David Paul
Robert C. Payne, III
Joan Pecoraro
Juanita Pederson
Duane A. Pelkey
Rhonda Peterson
LTC Robert J. Phillips
Evelyn Pizzo
Bill Pope
Patty and Jerry Preston
Sal Provenzano
Brooks G. Ragen
Maryam Irene Rassoulian Stall
Jack Ratliff
Richard W. Ray
Wilbert P. Raymond
William Tyler Raynz
Jack E. Reas
Edith Redburn
Carl and May Reindolt
Wesley
Randy Revelle
Byron Reynolds
Judy Ricciardi
Jack N. Richards
Robert Riefen
Josephine E. Ritchie
Jim Rodrigues
Kenneth E Rolph Family
Rose V. Rose
Alan Ross
Eric Rothenberg
Jerry Rowe
Billey Rowland
Ron Rutherford
Barbara Ruud
Vi Sacquitne
Monica Ann Salle
Orlando Saltarelli
Werner E. Samson, MD
Skip Sand
Peter Sarantos
Reed Haak Sargent
Barry Sarles
Leonard C. Schaadt
Dennis Schellhase
Ralph W. Seeger
Cora E. Sevilles
John Stanely
Floyd A. Short
Gordon J. Siddons
Robert J. Simonsen
W. Hunter Simpson
Albert Van Skaret
Rodney Skoglund
Elmer Skold
John J. Skommesa
Mary U. Skommesa
Robert Small
Allan Smith
Rachel Solam
Rikki Solemsaas
Gary Spafford
Steven Spafford
Gordon C. Spring
June Spring
Donald Stark
John Stavheim
James Stefniak
Shirley V. Stefniak

Burt Steinberg
Gloria Steinberg
Edward A. Stern
Klaus Stern
George Stewart
Gordon and Jean Stone
Jessica Strom
Paul and Peggy Talbot
William E. Taylor
Edward Tazioli
Lee E. Tegen
Cora A. Thielbaut
Doug Thomas
William G. Thomas
James B. Thompson
Grace W. Thomson
June Thomson
Edna K. Timidaiski
Jack Trainor
Frances K. Tsue
John Tutt
Ford Davis Uffelman
Larry Valley
Lew Wallick
Margaret E. Warner
Cecil Watkins
Fred and Marty Waton
Stevie Weaver
Dorothy Weimer
Jim Werntz
Pual Westfall
Caton White
Jim Whitesel
Michael P. Whitley
Helen C. Whittall
Lawrence H. Whittall
Dylis Wylie-Chase
Stephen Wilson
Gary Wivag
Emilia Wojcik
Joseph J. Wood
Kenneth J. Wood
Edward R. Wright
Carol A. Wurts
Rose Yanak
Robert (Bob) Youngs
Wu Xiao Yun
Donald C. Zimmerman
Donald E. Zimmerman
Becky and Jim Zimmerman
Richard K. Zwaller
Leonard Zweig
# Medic One Foundation 2018 Financial Highlights

## IMPACT OF YOUR GENEROSITY

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paramedic Training &amp; Education</td>
<td>56%</td>
</tr>
<tr>
<td>Community Outreach</td>
<td>18%</td>
</tr>
<tr>
<td>CPR/AED &amp; First Aid Training</td>
<td>7%</td>
</tr>
<tr>
<td>EMS Research Grants</td>
<td>7%</td>
</tr>
<tr>
<td>PulsePoint</td>
<td>6%</td>
</tr>
<tr>
<td>EMS Equipment Grants</td>
<td>5%</td>
</tr>
<tr>
<td>Resuscitation Academy</td>
<td>1%</td>
</tr>
</tbody>
</table>

**Total: $1.07 MILLION**

## 2018 DONATIONS BY SOURCE

<table>
<thead>
<tr>
<th>Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individuals</td>
<td>42%</td>
</tr>
<tr>
<td>Foundations</td>
<td>34%</td>
</tr>
<tr>
<td>Planned Estate Gifts</td>
<td>18%</td>
</tr>
<tr>
<td>Organizations</td>
<td>4%</td>
</tr>
<tr>
<td>Corporations</td>
<td>2%</td>
</tr>
</tbody>
</table>

**Total: $2.54 MILLION**

## STATEMENT OF POSITION*

<table>
<thead>
<tr>
<th>Type</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>$2,767,174</td>
</tr>
<tr>
<td>Temporarily Restricted</td>
<td>$975,603</td>
</tr>
<tr>
<td>Permanently Restricted</td>
<td>$1,061,525</td>
</tr>
<tr>
<td>Total Net Assets</td>
<td><strong>$4,804,302</strong></td>
</tr>
</tbody>
</table>

*The Foundation's most recent audited financials and IRS 990 can be found on our website: mediconefoundation.org.*
Thank You to Our 2018 Lifesavers Gala Supporters

SPONSORS

Silver
Bainbridge Island Volunteer Firefighters Association
Foss Family Foundation
Pacific Rim Medical Systems, Inc.

Bronze
All Purpose Door Repair, Inc.
Braun Northwest, Inc.
East Jefferson Professional Firefighters Local 2032
Northwest Medical Training Group
Craig and Cassandra Peterson
Jeff and Katie Richey
Seattle Emergency Physicians Services, Inc.

Copper
LifeNet Health
Pat and Lem Howell
Suquamish Clearwater Casino Resort

INKIND DONORS

Agua Verde Cafe & Paddle Club
Alaska Airlines
Alderbrook Resort & Spa
ALL MOSE DOREPARE, INC.
Almo Lipman Shirbroun Team at Morgan Stanley
Anthony’s Restaurants
Argosy Cruises
Arthur Murray Dance Center
Auction of Washington Wines
Baer Winery
Robert Barefoot
Bellevue Collection
Gary Bezowsky
Ben Bridge Jeweler
Brown Bear Car Wash
Burgermaster
The Boiler Room
The Butler’s Table
Gary and Catherine Bylund
Cactus
Caffe Ladro
Chateau Ste, Michelle Winery
Chef John Howie Restaurants
Chef Michael D. Poole
ChefShop.com
Chihuly Garden and Glass
The Club at Snoqualmie Ridge
Coeur d’Alene Casino Resort Hotel
Columbia Hospitality
Creative Media Alliance, LLC
Crowne Plaza Hotel-Seattle
Kathleen DeVega
Valerie Dickson
Donovan Photographics
Du Graf Association
Duke’s Seafood & Chowder
Denise Dubuque
Eastside Firefighters Benevolent Fund
EFESTE Winery
EID Diamonds, Inc
Elephant Car Wash

Elsom Cellars
The Essential Baking Company
Ethan Stowell Restaurants
Everett AquaSox Baseball Club
Everett Silvertips Hockey Club
The 5th Avenue Theatre
Four Seasons Hotel—Seattle
Fran’s Chocolate
Fritz and Noreen Frink
GameWorks Seattle
Garage Billiards
Georgetown Brewing Co.
Gilbert’s On Main
Glass Distillery
David and Barbara Green
Heavy Restaurant Group
Guardian Cellars
The Herbfarm Restaurant
Holland America Line
Hoodsport Winery, Inc.
Hyatt Regency Bellevue
Interbay Golf Center
Ivar’s and Kidd Valley Restaurants
Jackson Park Golf Course
Jae’s Asian Bistro
Jazz Alley
JetBlue Airways
Heather and Ken Kelley
Jennie and Tony Locati
Kendra Scott
Lopez Islander Resort and Marina
Lynnwood Ice Center
Madrina Bakery and Cafe
Matthews Winery
Mayflower Park Hotel
John McGary
McMenamins
Mill Creek Float
MoPOP
Mud Bay
The Museum of Flight
Graham Nichol MD and Elizabeth Cross Nichol
Nile Shrine Golf Course
Northwest Outdoor Center
Novelty Hill—Januik Winery
Obec Brewing
OOLA Distillery
Pacific Science Center
Paddy Coyne’s Irish Pub Bellevue
Pagliaici Pizza
Panera Bread
PCC Natural Markets—Redmond
David Pedas
Craig and Cassandra Peterson
The Plateau Club
Poquito’s
Portage Bay Cafe
PRO Sports Club
Puget Sound Enterprises Inc.
Quinault Beach Resort & Casino
Linda Reeder
Redhook Brewery
Remlinger Farms
Rhein Haus

James Richardson
Jeff and Katie Richey
Ride the Ducks
Jim and Peg Rodrigues
Eric Rothenberg
Safeway Eastgate
Seattle Art Museum
Seattle Fire Department
Seattle Mariners
Seattle Repertory Theatre
Seattle Shakespeare Company
Seattle Theatre Group
Seattle Thunderbirds Hockey Club
Seldens Designer Home Furnishings
Silver Reef Hotel & Casino
Sirena Gelato
Chief Harold Scoggins
Patty Skommesa
Bryan Smith
Snoqualmie Falls Golf Course
Snug Harbor Resort
Dick and Patty Spangler
Spegelot Dental
Jan and Tim Sprake
Stevens Pass Mountain Resort
Stoup Brewing
Sushi Kashiba
Susumu Sam Takahashi
Total Wine & More
Town and Country Markets
UW Medicine
Uwajimaya, Inc.
Peter Van Oppen
Village Theatre
Virginia Mason Health System
Brian Webster
The Woodhouse Wine Estates
Wild Waves Theme & Water Park
Willows Lodge
Woodinville Whiskey Co.
Woods Coffee

To learn more about our 2019 Lifesavers Gala sponsorship opportunities or how to donate an item, visit our website at lifesaversgala.org.
Friday, November 1, 2019
5:30-9:30 PM
Meydenbauer Center, Bellevue

Emcee
Patti Payne

Auctioneer
David Silverman

Tickets
General | $200
First Responder | $175

Reservations
Please RSVP by October 25, 2019

To purchase tickets, visit lifesaversgala.org or call (425) 625-2034.

DIY Fundraising
Fundraising Done Your Way, On Your Own Time

Do you have a birthday or anniversary coming up? Want to honor a first responder or pay tribute to a loved one? Do It Yourself (DIY) Fundraising is a personal and meaningful way to celebrate life’s special moments while also honoring our region’s firefighters and paramedics.

Visit mediconefoundation.org/ways-to-give/ to create your very own DIY Fundraiser today!

For more information or assistance, please send us an email at info@mediconefoundation.org.
Paramedic students, Teri Hagstrom and Alexandru Tonu, and Seattle firefighters transport a patient to a mock-hospital during a Trauma Drill at the Joint Training Facility in Seattle. Students participate in multiple Trauma Drills throughout their training. They must assess, treat, and transport patients suffering from various traumatic injuries, such as gunshot wounds, falls, impalements, and more.