

DISPATCH

MEDIC ONE FOUNDATION

Newsletter Summer 2019





A Life Saved; A Family Kept Whole

Stan and Priscilla Orr are regulars at Café Appassionato in Magnolia. "It's our second home," Priscilla says. This is quality time, sipping their favorite coffee and chatting. After more than 50 years together, three children and seven grandchildren, they've shared a lot. One thing Stan neglected to share with Priscilla, though, was the chest pain he sometimes felt. He thought it was acid reflux. It wasn't.

Many years ago, Stan's doctor told him he had a Cadillac heart and a Chevrolet body. "That stuck with me," says Stan, "and I thought nothing would go wrong with my heart." And, nothing ever did go wrong until last fall when Stan's aortic valve failed.

"I woke up in the ambulance, surprised at where I was."

Stan Orr

On October 4, Stan and Priscilla drove to choir practice at Plymouth Congregational Church. Besides his chest pain, Stan had been having trouble with shortness of breath for a couple of months, and it was hard just getting to the car. As Stan walked across the church lounge, headed for the sanctuary, he collapsed. Fortunately, he wasn't alone. "There were several other people walking toward the sanctuary; one of them, I'm told, ran to get the choir director, Wanda Griffiths, who called 911. Bertha Hanson, another member of Plymouth, and a retired nurse who was practicing with the Bell Choir, accompanied Stan until the ambulance arrived. I woke up in the ambulance, surprised at where

I was," Stan says. He remembers talking to the paramedics and being taken into the ER. A few days later, surgeons replaced his aortic valve with an artificial implant.

"I was told by one of the physicians that there are two options when something like this happens. You could faint, like I did, because blood isn't getting to your brain. The other is that you could die. I'm grateful it was the former for me, and grateful to the paramedics for getting me to the hospital so quickly."

Stan and Priscilla have been Medic One Foundation donors for over 18 years, supporting, as Stan says, "the most premier rescue operation in the entire United States." In October, the Orrs experienced that expertise in person. Thanks to Medic One, Stan and Priscilla are still singing in the choir, sharing the coffee they love, and enjoying each other. "They really are the cream of the crop," Priscilla says of the paramedics.



On July 27th, Class 45 paramedic students graduated and are now in the field saving lives in Seattle, Shoreline, Redmond, South King County, Everett, Marysville, Lake Stevens, Lynnwood, Orcas Island, Lopez Island, and Bainbridge Island. Our region has a world-class Medic One system because we have world-class supporters like you!











Deputy Chief Rich Burke (left), Barbara Hamer (middle), and Jon Bromberg, Eastside Fire Corps Progam Manager (right), attended a drone training exercise at the North Bend Fire Training Academy.





Photograph taken by the Rescue Drone during flight training at Valley Camp in North Bend.

Eastside Fire & Rescue Receives New Rescue Drone

Last fall, the Medic One Foundation presented a tactical drone to Eastside Fire & Rescue to assist first responders in the growing number of backcountry and waterway medical emergencies. Funding for the drone was made possible by Foundation donor Barbara Hamer and her family.

"We are very grateful to Barbara, her family, and the Medic One Foundation for this generous donation," said Eastside Fire & Rescue Deputy Chief Rich Burke. "The drone will allow us to better respond to more difficult search and rescue operations which is something we need to better serve our eastside communities." Chief Burke added that it would have been extremely helpful in a disaster like the Oso landslides, in which he was involved.

Donor Barbara Hamer said, "My late husband, Dale, would appreciate this so much. He was served many times by our Medic One system and purchasing a drone to support this program is very meaningful to me and to my entire family."

The DJI Matrice 210 RTK-G aircraft can fly for 24 minutes and operate as far away as 4 miles, reaching a speed of 51 mph. Equipped with a high-quality FLIR thermal camera, it will be dispatched for trail and swift/still water rescues, as well as structure and wildland fires where it will provide incident assessment and monitoring support.



Firefighters from Snohomish County Fire District 22 (Getchell) practice with their new Stair Chair that they purchased with the help of a grant from Medic One Foundation.

Your Donation Provides Life-Saving Equipment

Your gift to the Medic One Foundation Equipment Fund provides fire departments with the tools they need to respond to life-threatening medical emergencies. The Medic One Foundation recently awarded equipment grants to the following agencies:

Arlington Fire Department
Bainbridge Island Fire Department
Bremerton Fire Department
East Jefferson Fire Rescue
Enumclaw Fire Department
King County Fire District 47–Ravensdale
Marysville Fire Department
North Kitsap Fire and Rescue
Poulsbo Fire Department
San Juan County Fire District 4–Lopez Island
San Juan Island EMS
Snohomish County Fire District 15–Tulalip
Snohomish County Fire District 22–Getchell
Snohomish County Fire District 24–Darrington
Snohomish County Fire District 25–Oso

Join Us for a Free Hands-Only CPR/AED Class

Each year, over 350,000 out-of-hospital sudden cardiac arrests occur in the United States. Most happen at home. Please join us to learn how you can save a life—the life you save could be someone you know.

Saturday, September 21, 2019 | 10:00-11:00 AM

Mercer Island Community & Event Center 8236 SE 24th Street Mercer Island, WA 98040

To reserve your spot, please RSVP by Monday, September 16th to Shelby Sprake at (425) 625-2031 or shelby@mediconefoundation.org.



Cathy and Curt's Generous Gift Will Save Lives

Cathy Funk's love story began in 1967. Fresh out of college, she joined her sister and friends for a weekend at the Jersey shore. On her first night in the little cottage, sitting on a cot and wearing baby-doll pajamas and hair curlers, she glanced up as a young man walked in. She looked Curt Funk up and down, and "it was just like immediately falling in love."

The attraction was mutual. Cathy and Curt spent the weekend talking, dancing, going for walks; he took a photo of her as the sun came up over the ocean. Their friends loved it. Cathy and Curt were married on June 28, 1969.

Three years later, Cathy and Curt packed up everything they owned and drove to Seattle. It was magical; Cathy called it "the summer of Camelot." It rained only in the evenings, with many double rainbows. They went bike riding and camping. Cathy, MSW degree in hand, found a job with the State of Washington; Curt taught photography classes and sold photos; they got a dog; they made friends. They had found their home.

On February 7, 2014, guests had been invited for dinner. Cathy was at the grocery store when Curt called. "He said he felt strangely dizzy, and could I come home soon." Curt had already called 911. He'd had some blood pressure incidents before, "so I didn't think it sounded like life and death. I said I was ready to check out and would be right home."

When Cathy got home, her neighbor was waiting on the porch. Medic One had already taken Curt to the hospital. Cathy didn't know, yet, that the paramedics had recognized Curt's condition as an aortic dissection.

At the hospital, a doctor talked with Cathy privately. "He told me, 'Before I let you see your husband, I need you to know that he suffered a non-survivable event." Curt was unconscious, but Cathy talked to him. She



told him how much she loved him, and she could feel him squeeze her hand. She told him what the doctor had said and went with him as he was moved to an ICU room. She began calling friends and family.

Those precious final days with Curt inspired Cathy to include the Medic One Foundation in her estate planning, so that others could continue to benefit from Medic One services.

"I believe in Medic One. Their actions allowed me to have my husband for a few more days."

June would have been Cathy and Curt's 50th wedding anniversary. She remembers his dry wit, quick mind, and strong loyalty to those he loved. She can still feel his presence, and still talks about him with friends. Her love story still lives.



Order Your Free Estate **Planning Guide**

Many of our supporters have found this guide useful in helping them think through their estate planning goals. Once your guide is completed, we encourage you to visit with your advisor to finalize your plan.

To order your free copy, please contact Sara Oshikawa-Clay, at sara@mediconefoundation.org or (425) 625-2032

Tribute Gifts

Tribute gifts offer a meaningful way to remember a loved one or to honor a friend, family member, coworker, or client on special occasions.

The following individuals and organizations were honored through a gift to the Medic One Foundation between July 1, 2018 and December 31, 2018.

Terry Bullock June A. Burk Walter "Duffy" Burns Peggy Bussman Carolyn Butts Lisa Byerly Polly Carter **Judy Cenotto**

Lt. Gov. and Mrs. John A. Cherberg

Tony Chinn Peter M. Chudecke Rodger Clement Judy S. Clifton

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Tribute Gifts Continued

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Donald and Hanako Jensen

Gerd Jerochim Bob Johanson Florence Johanson George A. Johanson

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Opal D. McLees
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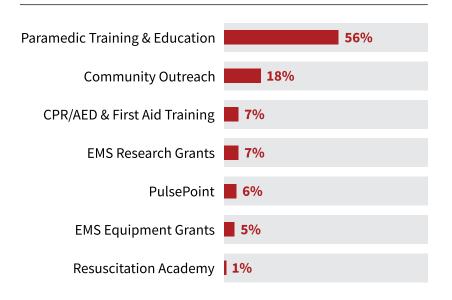
Richard K. Zwaller Leonard Zweig



Medic One Foundation 2018 Financial Highlights

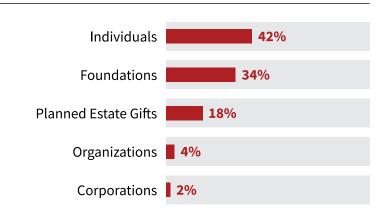
IMPACT OF YOUR GENEROSITY

\$1.07 MILLION



2018 DONATIONS BY SOURCE

\$2.54 MILLION



STATEMENT OF POSITION*

Unrestricted \$2,767,174
Temporarily Restricted \$975,603
Permanently Restricted \$1,061,525
Total Net Assets \$4,804,302

^{*}The Foundation's most recent audited financials and IRS 990 can be found on our website: <u>mediconefoundation.org</u>.

Thank You to Our 2018 Lifesavers Gala Supporters

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To learn more about our 2019 Lifesavers Gala sponsorship opportunities or how to donate an item, visit our website at lifesaversgala.org.

LIFESAVERS GALA

Friday, November 1, 2019

5:30-9:30 PM

Meydenbauer Center, Bellevue

Emcee

Patti Payne

Auctioneer

David Silverman

Reservations

Tickets

General | \$200 First Responder | \$175

Please RSVP by October 25, 2019

To purchase tickets, visit lifesaversgala.org or call (425) 625-2034.



DIY Fundraising Fundraising Done Your Way, On Your Own Time

Do you have a birthday or anniversary coming up? Want to honor a first responder or pay tribute to a loved one? Do It Yourself (DIY) Fundraising is a personal and meaningful way to celebrate life's special moments while also honoring our region's firefighters and paramedics.

Visit mediconefoundation.org/ways-to-give/ to create your very own DIY Fundraiser today!

For more information or assistance, please send us an email at info@mediconefoundation.org.



11747 NE 1st Street, Suite 310 Bellevue, WA 98005

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Paramedic students, Teri Hagstrom and Alexandru Tonu, and Seattle firefighters transport a patient to a mock-hospital during a Trauma Drill at the Joint Training Facility in Seattle. Students participate in multiple Trauma Drills throughout their training. They must assess, treat, and transport patients suffering from various traumatic injuries, such as gunshot wounds, falls, impalements, and more.