

Lifesaving Information For Emergencies

In an emergency, time is crucial. The *vial of L.I.F.E.* kit enables emergency responders to quickly locate helpful information regarding your medical history.

This kit contains:

- A Medical Information form.
- A vial to store the form and any advanced directives you may have. **Store the vial on the top shelf on the inside of your refrigerator door.**
- A magnet. **Place it on the outside of your refrigerator door.**
- A sticker. **Place it on the outside of your front door or on a window adjacent to the front door.**
- A Medical Information wallet card. **Place inside your wallet for critical information while you are away from home.**

Please take the time to complete the Medical Information Form with current information. If you would like additional vials for family or friends, a new Medical Information Form, or have any questions, please call the Medic One Foundation at (206) 744-9425 or visit our website at www.mediconefoundation.org

The Vial of L.I.F.E. program is sponsored by:

